

PARENTING CAPACITIES

Ability to meet the basic needs of shelter, food, clothing, and health. This is the most basic parenting capacity.

Ability to provide safety from harm. This requires capacities for identification of and protection from potential emotional and physical harm.

Ability to provide appropriate limits and manage behavior effectively. This requires an understanding of the child's developmental level and needs as well as capacity to be both consistent and flexible.

Ability to provide love and affection.

Ability to meet any special needs of the child. This includes capacity to intervene on child's behalf and advocate necessary services.

Ability to take the child's perspective, be attuned to and respond to their emotional and social needs.

Ability to modulate emotions and help the child learn to regulate their own emotions.

Ability to separate one's own needs from those of the child. This requires capacity to identify one's own needs and maintain clear boundaries.

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